

FUTURE LEADERS BOOTCAMP

Empowering Youth to Build, Lead and Thrive



Age- 16-26
Years



Physical Well Being

Master your health,
energy, and resilience



Entrepreneurship

Learn to build a
business model from
scratch.



Leadership & Personal Development

Build massive
confidence and public
speaking skills.

A 4 Day Intensive Transformation Journey



4 Days in KALAAM

With Exciting Activities



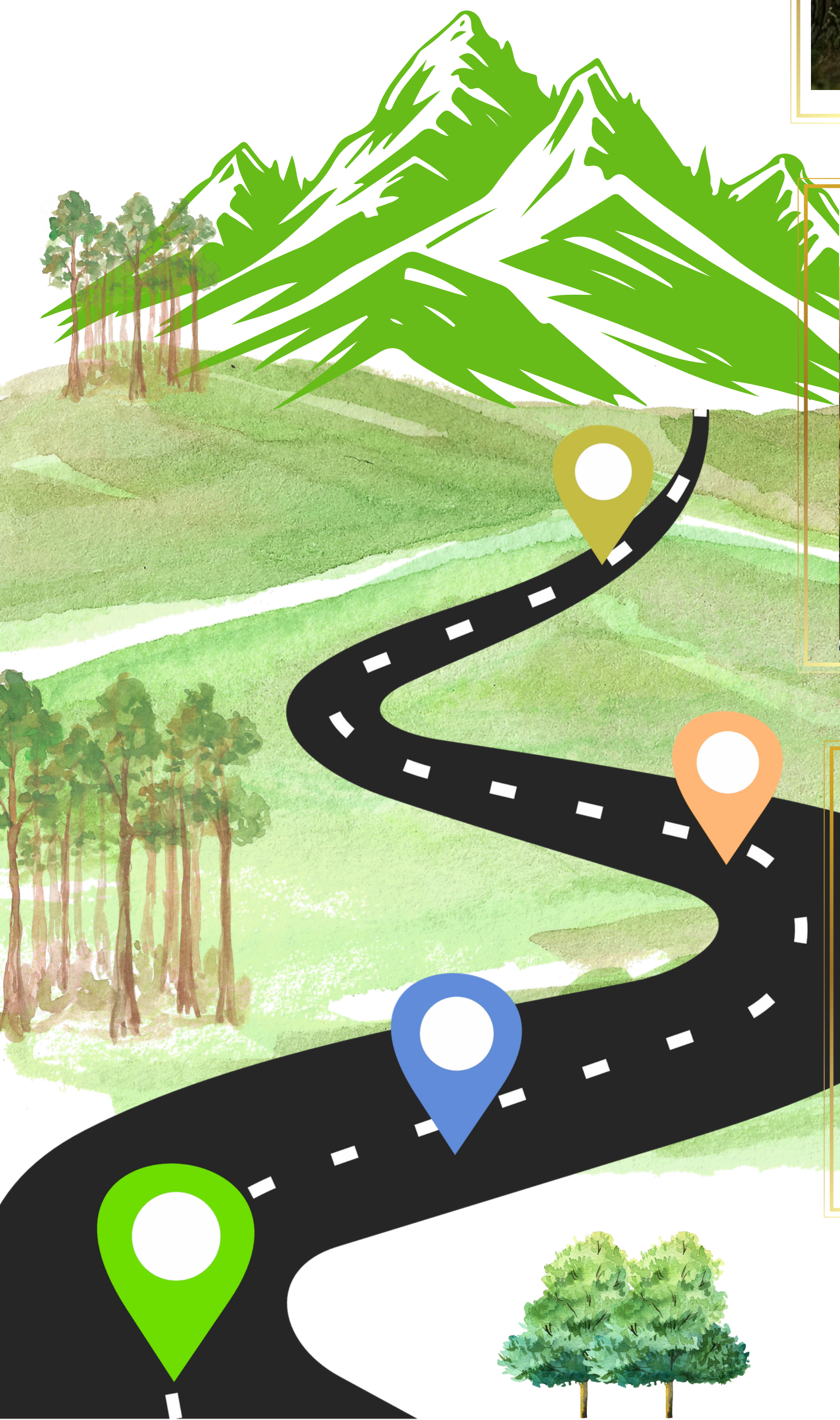
Camping



Mountain Quest



Campfire Cooking



THE 4-DAY BOOTCAMP AGENDA

Day 1 – Build Yourself **Theme: Mindset, Fitness, & Self-Leadership**

- Registration & Icebreakers
- Opening Ceremony
- Leadership Starts with Self
- Fitness Assessment
- Nutrition & Mental Health
- Team Challenge & Reflection

Day 2 – Build Ideas **Theme: Entrepreneurship & Innovation**

- Problem Solving & Design Thinking
- Business Model Canvas
- Branding & Marketing Workshop
- Group Project Development
- Mentor Feedback Sessions



Day 3 – Lead Others **Theme: Advanced Leadership & Communication**

- Public Speaking Masterclass
- Conflict Resolution & Decision Making
- Negotiation & Influence
- Leadership Simulation Exercise
- Final Pitch Preparation

Day 4 – Pitch and Thrive **Theme: Showcase, Recognition, & Action**

- Morning Fitness Challenge
- Team Pitch Competition
- Feedback from Expert Judges
- Awards & Recognition Ceremony
- Certificate Ceremony & Closing

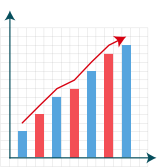
WHAT YOU WILL ACHIEVE



Official Certificate of Completion to upgrade your CV.



Bootcamp Workbook & Personal Action Planner.



Premium Toolkits Fitness Trackers & Business Model Canvas templates.



Elite Network Direct access to mentors and active alumni community circles.

SPECIAL AWARDS CHALLENGE



COMPETE TO WIN!

Special recognition awards will be presented for **Best Business Idea, Best Leadership Potential, and Fitness Champion!**

Age Group: 16-26 years

University Students & fresh Graduates
are encouraged to apply

OUR VISION

To nurture a generation of resilient, innovative, and socially responsible leaders who are physically fit, entrepreneurially minded, and equipped to create positive change.



OUR MISSION

To provide youth with transformational learning experiences that strengthen their body, sharpen their mindset, and empower them to lead impactful initiatives.



JOIN US



www.ahmadshahzadfoundation.org

CONTACT US

PHONE +(92) 334 801 2345

ADDRESS

Block D, Plaza 123, 4th Floor, CCA2,
Phase 6, DHA, Lahore

EMAIL

info@ahmadshahzadfoundation.org